

100K	Overall mannen		Overall vrouwen	
	1976 Hans van Kasteren	NED 6.45.48	Anne Marie Hantke	GER 12.53.15
	1977 Kasper Berg	NOR 6.35.06	Riet Horber	SUI 9.49.10
	1978 Mike Newton	GBR 6.43.16	Riet Horber	SUI 8.59.40
	1979 Uwe Schüder	GER 6.46.27	Riet Horber	SUI 8.54.19
	1980 Martin John Daykin	GBR 6.35.05	Riet Horber	SUI 8.41.16
	1981 Martin John Daykin	GBR 6.46.03	Waltraut Bayer	GER 8.57.02
	1982 Martin John Daykin	GBR 6.39.08	Riet Horber	SUI 9.27.24
	1983 Henk Bronswijk	NED 6.51.18	Marieke Bestebreur	NED 9.30.33
	1984 Henk Bronswijk	NED 6.49.11	Riet Horber	SUI 8.05.30
	1985 Vaclav Kamenik	CZE 6.38.40	Sandra Kiddy	CAN 8.05.30
	1986 Jan Szumiec	POL 6.17.59	Riet Horber	SUI 8.34.40
	1987 Bruno Joppen	NED 6.49.06	Agnes Eberle	SUI 8.17.36
	1988 Wim Akkermans	NED 6.53.49	Elzbieta Czerniak	POL 9.54.04
	1989 Bruno Joppen	NED 6.39.35	Riet Horber	SUI 8.53.10
	1990 Jan Szumiec	POL 6.50.42	Riet Horber	SUI 8.44.33
	1991 Konstantin Santalov	RUS 6.26.20	Sylvia Watson	GBR 8.24.05
	1992 Jean Paul Praet	BEL 6.16.41	Hilary Walker	GBR 7.55.12
	1993 Konstantin Santalov	RUS 6.25.52	Martha Vass	HUN 7.43.06
	1994 Jaroslav Janicki	POL 6.33.43	Valentina Liakhova	RUS 7.36.39
	1995 Valmir Nunez	BRA 6.18.11	Ann Trason	USA 7.00.47
	1996 Andrzej Magier	POL 6.43.09	Martha Vass	HUN 8.27.52
	1997 Sergiy Yanenko	UKR 6.25.25	Valentina Liakhova	RUS 7.30.37
	1998 Andrzej Magier	POL 6.59.50	Edit Berces	HUN 7.45.07
	1999 Pascal Fetizon	FRA 6.39.16	Elvira Kolpakova	RUS 7.33.39
	2000 Pascal Fetizon	FRA 6.23.15	Edit Berces	HUN 7.25.21
	2001 Vladimir Netreba	RUS 6.45.43	Ricarda Botzon	GER 7.31.55
	2002 Pascal Fetizon	FRA 6.34.16	Elvira Kolpakova	RUS 7.24.52
	2003 Andrzej Magier	POL 6.58.32	Inez Jaquemart	BEL 9.13.07
	2004 Mario Ardemagni	ITA 6.18.24	Tatiana Zhyrkova	RUS 7.10.32
	2005 Oleg Kharitonov	RUS 6.30.31	Monica Casiraghi	ITA 7.53.25
	2006 Oliver Leu	GER 7.31.30	Maria Bak	GER 7.35.28
	2007 Shinichi Watanabe	JPN 6.23.21	Norimi Sakurai	JPN 7.00.27
	2008 Daniël Oralek	CZE 7.00.20	Birgit Schönherr-Hölscher	GER 7.57.26
	2009 Jaroslav Janicki	POL 6.53.59	Anne Cécile Fontaine	FRA 8.20.31
	2010 Daniël Oralek	CZE 7.11.27	Léonie van den Haak	NED 9.29.52
	2011 Giorgio Calcaterra	ITA 6.27.32	Marina Bychkova	RUS 7.27.19
	2012 Daniël Oralek	CZE 7.07.46	Heidi Janssens	BEL 9.33.51
	2013 Michael Boch	FRA 6.46.25	Simone Stöppler	GER 8.30.28
	2014 Daniël Oralek	CZE 7.22.25	Simone Stöppler	GER 8.45.34
	2015 Jonas Buud	SWE 6.22.44	Camilli Herron	USA 7.08.35
	2016 Pascal van Norden	NED 7.06.30	Sophia Sundberg	SWE 7.54.59
	2017 Wouter Decock	BEL 6.46.12	Sophia Sundberg	SWE 7.50.13
	2018 Joris Beaumon	BEL 7.18.25	Hinke Schokker	NED 8.00.34
Marathon	overall mannen		overall vrouwen	
	2002 Wim Ogink	NED 2.45.47	Ingrid Ijsebaert	NED 3.19.33
	2003 Carel Opten	NED 2.50.39	Elzbieta Czarniak	POL 3.43.47
	2004 Hiromischi Nose	JPN 2.59.39	Ineke Scheffer	NED 4.20.28

2005 Kevin Harris GBR 2.49.20 Janneke Nienhuis-Koetje NED 4.31.36

50k overall mannen

2006 Dzimitry Bula	BLR 3.06.52	Zelah Morrall	GBR 3.31.19
2007 Ferenc Biri	HUN 3.07.56	Lieskina Brouwer	NED 4.11.19
2008 Andrey Iv anov	RUS 3.06.35	Vilma Podmelova	CZE 4.10.41
2009 Chris Cauwels	BEL 3.16.26	Simone Stöppler	GER 4.06.47
2010 Mark Papanikitas	BEL 3.18.38	Petra Domhof	NED 4.20.55
2011 Oskar de Kuijer	NED 3.13.04	Anne-Marie Dupont	BEL 4.06.15
2012 Wouter Decock	BEL 3.38.48	Simone Stöppler	GER 4.13.09
2013 Harm Sengers	NED 3.02.51	Gabriele Kenkenberg	GER 3.53.07
2014 Harm Sengers	NED 3.11.22	Mieke Dupont	BEL 3.45.15
2015 Harm Sengers	NED 2.53.48	Anita Spieker	NED 4.16.00
2016 Gerrit Wegeneer	GER 3.09.39	Petra Pastorová	CZE 3.30.37
2017 Asier Cuevas Ettcheto	ESP 3.00.18	Gemma Carter	GBR 3.50.34
2018 Ton Verbaandert	NED 3.16.17	Julia Jezek	DEU 3.50.27

overall vrouwen

estafette overall mannen

1991 AV 34-1	5.42.40	AV Aquilo Winschoten	8.26.25
1992 Runner Hardloop Centrum	5.38.18	Argo 77	7.45.38
1993 Runner Hardloop Centrum	5.35.21	GVAV Rapiditas	7.43.30
1994 GVAV Rapiditas	5.50.26	Lionitas	6.56.10
1995 Russia Athletic Federation	5.44.59	Emder Lauf Gemeinschaft	8.05.01
1996 Partnerschaft Haren/Ems	5.59.43	Emder Lauf Gemeinschaft	8.08.30
1997 Russia Athletic Federation	5.47.59	Emder Lauf Gemeinschaft	8.11.31
1998 Quicktrans Int. Sneltransport	6.02.20	AV Veluwe	7.54.05
1999 Quicktrans Int. Sneltransport	5.45.25	TUS Nordeney	8.12.03
2000 Quicktrans Int. Sneltransport	5.39.15	Veendam ATC 75 Comb	7.42.21
2001 HAC '63	6.07.44	EAC De Sperwers Emmen	8.37.20
2002 HAC '63	6.01.18	Nissan Geerts AV Fivelstreek	8.24.22
2003 Runner Groningen	5.37.23	AV Daventria Dames Deventer	8.02.26
2004 Run2Day Groningen/Assen	5.45.36	AV Aquilo Winschoten	7.56.04
2005 Run2Day Groningen/Assen	5.50.34	TV Norden Damen	8.16.06
2006 Run2Day Groningen/Assen	5.48.16	AV Aquilo Dames	7.52.08
2007 Runner Hardloop Centrum	5.39.42	Run2Day	7.09.02
2008 Team Sussex	5.43.06	AV Daventria Deventer	7.37.39
2009 Runnersworld Groningen	5.40.32	Av Daventria I Deventer	7.26.02
2010 Runnersworld Groningen	5.46.08	AV Aquilo Dames I	8.05.50
2011 Bramsterdammers	5.38.37	Oudman Ladies Runners	8.12.10
2012 Runnersworld Groningen	5.45.42	Klok Sportinn	7.37.49
2013 Runnersworld Groningen	5.47.15	Run2Day Oudman Ladies Runners	6.54.37
2014 Oudman adviseurs	5.57.17	Oudman adviseurs Dames	7.14.47
2015 Oudman-Valkema Sport	5.48.15	LSF Münster Frauen	7.01.08
2016 Oudman - Valkema Sport Team	5.47.59	Oudman - Valkema Ladies Sport Tear	7.13.53
2017 Oudman - Valkema Sport Team	5.59.24	Oudman - Valkema Ladies Sport Tear	7.16.58
2018 Oudman - Valkema Sport Team	6.04.14	Oudman - Valkema Ladies Sport Tear	7.11.06