

100K	Overall mannen		Overall vrouwen	
1976	Hans van Kasteren	NED 6.45.48	Anne Marie Hantke	GER 12.53.15
1977	Kasper Berg	NOR 6.35.06	Riet Horber	SUI 9.49.10
1978	Mike Newton	GBR 6.43.16	Riet Horber	SUI 8.59.40
1979	Uwe Schüder	GER 6.46.27	Riet Horber	SUI 8.54.19
1980	Martin John Daykin	GBR 6.35.05	Riet Horber	SUI 8.41.16
1981	Martin John Daykin	GBR 6.46.03	Waltraut Bayer	GER 8.57.02
1982	Martin John Daykin	GBR 6.39.08	Riet Horber	SUI 9.27.24
1983	Henk Bronswijk	NED 6.51.18	Marieke Bestebreur	NED 9.30.33
1984	Henk Bronswijk	NED 6.49.11	Riet Horber	SUI 8.05.30
1985	Vaclav Kamenik	CZE 6.38.40	Sandra Kiddy	CAN 8.05.30
1986	Jan Szumiec	POL 6.17.59	Riet Horber	SUI 8.34.40
1987	Bruno Joppen	NED 6.49.06	Agnes Eberle	SUI 8.17.36
1988	Wim Akkermans	NED 6.53.49	Elzbieta Czerniak	POL 9.54.04
1989	Bruno Joppen	NED 6.39.35	Riet Horber	SUI 8.53.10
1990	Jan Szumiec	POL 6.50.42	Riet Horber	SUI 8.44.33
1991	Konstantin Santalov	RUS 6.26.20	Sylvia Watson	GBR 8.24.05
1992	<b>Jean Paul Praet</b>	<b>BEL 6.16.41</b>	Hilary Walker	GBR 7.55.12
1993	Konstantin Santalov	RUS 6.25.52	Martha Vass	HUN 7.43.06
1994	Jaroslav Janicki	POL 6.33.43	Valentina Liakhova	RUS 7.36.39
1995	Valmir Nunez	BRA 6.18.11	Ann Trason	USA 7.00.47
1996	Andrzej Magier	POL 6.43.09	Martha Vass	HUN 8.27.52
1997	Sergiy Yanenko	UKR 6.25.25	Valentina Liakhova	RUS 7.30.37
1998	Andrzej Magier	POL 6.59.50	Edit Berces	HUN 7.45.07
1999	Pascal Fetizon	FRA 6.39.16	Elvira Kolpakova	RUS 7.33.39
2000	Pascal Fetizon	FRA 6.23.15	Edit Berces	HUN 7.25.21
2001	Vladimir Netreba	RUS 6.45.43	Ricarda Botzon	GER 7.31.55
2002	Pascal Fetizon	FRA 6.34.16	Elvira Kolpakova	RUS 7.24.52
2003	Andrzej Magier	POL 6.58.32	Inez Jaquemart	BEL 9.13.07
2004	Mario Ardemagni	ITA 6.18.24	Tatiana Zhyrkova	RUS 7.10.32
2005	Oleg Kharitonov	RUS 6.30.31	Monica Casiraghi	ITA 7.53.25
2006	Oliver Leu	GER 7.31.30	Maria Bak	GER 7.35.28
2007	Shinichi Watanabe	JPN 6.23.21	<b>Norimi Sakurai</b>	<b>JPN 7.00.27</b>
2008	Daniël Oralek	CZE 7.00.20	Birgit Schönherr-Hölscher	GER 7.57.26
2009	Jaroslav Janicki	POL 6.53.59	Anne Cécile Fontaine	FRA 8.20.31
2010	Daniël Oralek	CZE 7.11.27	Léonie van den Haak	NED 9.29.52
2011	Giorgio Calcaterra	ITA 6.27.32	Marina Bychkova	RUS 7.27.19
2012	Daniël Oralek	CZE 7.07.46	Heidi Janssens	BEL 9.33.51
2013	Michael Boch	FRA 6.46.25	Simone Stöppler	GER 8.30.28
2014	Daniël Oralek	CZE 7.22.25	Simone Stöppler	GER 8.45.34
2015	Jonas Buud	SWE 6.22.44	Camilli Herron	USA 7.08.35
2016	Pascal van Norden	NED 7.06.30	Sophia Sundberg	SWE 7.54.59
2017	Wouter Decock	BEL 6.46.12	Sophia Sundberg	SWE 7.50.13

Marathon	overall mannen		overall vrouwen	
2002	Wim Ogink	NED 2.45.47	Ingrid Ijsebaert	NED 3.19.33
2003	Carel Opten	NED 2.50.39	Elzbieta Czarniak	POL 3.43.47
2004	Hiromischi Nose	JPN 2.59.39	Ineke Scheffer	NED 4.20.28

2005 Kevin Harris	GBR	2.49.20	Janneke Nienhuis-Koetje	NED	4.31.36
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50k	overall mannen		overall vrouwen		
2006	Dzimitry Bula	BLR	3.06.52	Zelah Morrall	GBR 3.31.19
2007	Ferenc Biri	HUN	3.07.56	Lieskina Brouwer	NED 4.11.19
2008	Andrey Iv anov	RUS	3.06.35	Vilma Podmelova	CZE 4.10.41
2009	Chris Cauwels	BEL	3.16.26	Simone Stöppler	GER 4.06.47
2010	Mark Papanikitas	BEL	3.18.38	Petra Domhof	NED 4.20.55
2011	Oskar de Kuijjer	NED	3.13.04	Anne-Marie Dupont	BEL 4.06.15
2012	Wouter Decock	BEL	3.38.48	Simone Stöppler	GER 4.13.09
2013	Harm Sengers	NED	3.02.51	Gabriele Kenkenberg	GER 3.53.07
2014	Harm Sengers	NED	3.11.22	Mieke Dupont	BEL 3.45.15
<b>2015</b>	<b>Harm Sengers</b>	<b>NED</b>	<b>2.53.48</b>	Anita Spieker	NED 4.16.00
2016	Gerrit Wegeneer	GER	3.09.39	<b>Petra Pastorová</b>	<b>CZE 3.30.37</b>
2017	Asier Cuevas Ettcheto	ESP	3.00.18	Gemma Carter	GBR 3.50.34

estafette	overall mannen		overall vrouwen		
1991	AV 34-1		5.42.40	AV Aquilo Winschoten	8.26.25
1992	Runner Hardloop Centrum		5.38.18	Argo 77	7.45.38
1993	<b>Runner Hardloop Centrum</b>		<b>5.35.21</b>	GVAV Rapiditas	7.43.30
1994	GVAV Rapiditas		5.50.26	Lionitas	6.56.10
1995	Russia Athletic Federation		5.44.59	Emder Lauf Gemeinschaft	8.05.01
1996	Partnerschaft Haren/Ems		5.59.43	Emder Lauf Gemeinschaft	8.08.30
1997	Russia Athletic Federation		5.47.59	Emder Lauf Gemeinschaft	8.11.31
1998	Quicktrans Int. Sneltransport		6.02.20	AV Veluwe	7.54.05
1999	Quicktrans Int. Sneltransport		5.45.25	TUS Nordeney	8.12.03
2000	Quicktrans Int. Sneltransport		5.39.15	Veendam ATC 75 Comb	7.42.21
2001	HAC '63		6.07.44	EAC De Sperwers Emmen	8.37.20
2002	HAC '63		6.01.18	Nissan Geerts AV Fivelstreek	8.24.22
2003	Runner Groningen		5.37.23	AV Daventria Dames Deventer	8.02.26
2004	Run2Day Groningen/Assen		5.45.36	AV Aquilo Winschoten	7.56.04
2005	Run2Day Groningen/Assen		5.50.34	TV Norden Damen	8.16.06
2006	Run2Day Groningen/Assen		5.48.16	AV Aquilo Dames	7.52.08
2007	Runner Hardloop Centrum		5.39.42	Run2Day	7.09.02
2008	Team Sussex		5.43.06	AV Daventria Deventer	7.37.39
2009	Runnersworld Groningen		5.40.32	Av Daventria I Deventer	7.26.02
2010	Runnersworld Groningen		5.46.08	AV Aquilo Dames I	8.05.50
2011	Bramsterdammers		5.38.37	Oudman Ladies Runners	8.12.10
2012	Runnersworld Groningen		5.45.42	Klok Sportinn	7.37.49
2013	Runnersworld Groningen		5.47.15	<b>Run2Day Oudman Ladies Runners</b>	<b>6.54.37</b>
2014	Oudman adviseurs		5.57.17	Oudman adviseurs Dames	7.14.47
2015	Oudman-Valkema Sport		5.48.15	LSF Münster Frauen	7.01.08
2016	Oudman - Valkema Sport Team		5.47.59	Oudman - Valkema Ladies Sport Tear	7.13.53
2017	Oudman - Valkema Sport Team		5.59.24	Oudman - Valkema Ladies Sport Tear	7.16.58